



# ImpactREPORT 2017

## Head Start and Early Head Start Annual Report

*Youth In Need provides Head Start and Early Head Start services to children and families in St. Louis City and St. Louis, St. Charles, Lincoln, Warren and Montgomery Counties. Three federal grants support the program. Grant 07CH7050 serves children and families in St. Louis City. Grant 07CH0007 serves children and families in St. Louis City and St. Louis County. Grant 07CH010153 serves children and families in St. Louis City and St. Louis, St. Charles, Lincoln, Warren and Montgomery Counties. Reported activities are for the 2016-2017 program year, unless noted.*

### COMMUNITY ASSESSMENT

Youth In Need conducted a Focused Community Needs Assessment of its Head Start service area in 2017. Counties of focus included St. Louis, St. Charles, Lincoln, Warren and Montgomery as well as City of St. Louis. The Focused Community Needs Assessment included: a demographic summary, health-focused indicators, key findings per region, child care providers/centers and their capacity, disability data for the early childhood population and Youth In Need's family assessment data.

Key findings from the assessment:

- There are approximately 22,700 youth, ages 0 to 4 across all of the Youth In Need-focused regions who are eligible for the Head Start and Early Head Start programs (based on estimated number of youth, ages 0 to 4, in poverty). Lincoln, Warren and St. Charles Counties saw an increase in children, ages 0 to 4, in poverty while there was a decrease in Montgomery County and St. Louis City.
- All of the regions experienced a major decrease in the number of and rate of births to teens, ages 15 to 19.
- Most of the counties had a decrease in the number of child deaths, ages 1 to 14.
- Children on child care assistance decreased in all counties, with the highest percentage of change in Warren and Lincoln Counties.
- The average child care cost for infants and toddlers ranged from \$50 to \$385 per week. The average preschool weekly rate ranged from \$49 to \$349. The highest rates were found in St. Louis County with the lowest rates in Warren County. Licensed child care capacity remained stable across the service area, but there was a significant increase in child care capacity in Lincoln and Warren Counties.
- On average, the disability rates for children, ages 3 to 5, did not show a significant change with the exception of Montgomery County and St. Louis City, where there was an increase in the number of children with disabilities.

# Head Start and Early Head Start By the Numbers

## Grant 07CH7050 by the Numbers... (Serving St. Louis City)

### Early Head Start Enrollment

- Total number of children served: 95
- Total number of families served: 79
- Number of children who received physical exams: 89
- Number of children who received preventative dental care: 70

### Children Experiencing Homelessness

- Early Head Start: 5 families

### Parent Volunteers

- Total number of parent volunteers: 15

### 2017 Financials

#### Revenue

- Non-Federal Funding: \$9,634
- Grants: \$787,493

#### Expenses

- Salaries & Benefits: \$197,891
- Program Expenses: \$592,541
- Allocated Administrative Costs: \$31,670

### Financial Audit

In 2017, Youth In Need's auditors Brown Smith Wallace issued an unqualified (clean) opinion in both the financial statement audit and the federal awards (Uniform Guidance) audit and had no findings or journal entry adjustments to report.

## Grant 07HP0007 by the Numbers... (Serving St. Louis City and St. Louis County)

### Early Head Start Enrollment

- Total number of children served: 157
- Total number of families served: 138
- Number of children who received physical exams: 126
- Number of children who received preventative dental care: 106

### Children Experiencing Homelessness

- Early Head Start: 21 families

### Parent Volunteers

- Total number of parent volunteers: 57

### 2017 Financials

#### Revenue

- Grants: \$1,630,242

#### Expenses

- Salaries & Benefits: \$356,642
- Program Expenses: \$1,220,628
- Allocated Administrative Costs: \$68,739

## Grant 07CH010153 by the Numbers...

### (Serving St. Louis City and St. Louis, St. Charles, Lincoln, Warren and Montgomery Counties)

### Head Start Enrollment

- Total number of children served: 638
- Total number of families served: 570
- Number of children who received physical exams: 505
- Number of children who received preventative dental care: 590

### Early Head Start Enrollment

- Total number of children served: 815
- Total number of families served: 678
- Number of children who received physical exams: 639
- Number of children who received preventative dental care: 404

### Children Experiencing Homelessness

- Head Start: 47 families
- Early Head Start: 85 families

### Parent Volunteers

- Total number of parent volunteers: 1,213

### 2017 Financials

#### Revenue

- Non-Federal Funding: \$377,267
- Grants: \$13,157,312

#### Expenses

- Salaries & Benefits: \$8,945,123
- Program Expenses: \$3,472,990
- Allocated Administrative Costs: \$1,173,156

# Head Start East School Readiness and Community Engagement

## SCHOOL READINESS (ST. LOUIS CITY AND ST. LOUIS COUNTY)

Head Start and Early Head Start promotes school readiness in the areas of language and literacy, cognitive development, mathematics, social-emotional development, physical development, health and in approaches to learning. Head Start teachers implement Creative Curriculum and HELP (Hawaii Early Learning Profile) as curriculum that aligns with the Head Start Early Learning Outcomes Framework for developing the children's learning experiences and the classroom environment. Teaching Strategies Gold and Kinder Charts are the assessment tools that staff use to assess the ongoing development of the children participating in the Early Head Start and Head Start programs. Staff use this data to determine the overall school readiness of children enrolled. According to the data collected from the 2017-2018 school year, 82 percent of children enrolled in Youth In Need's Head Start East's Early Head Start program met or exceeded the expected school readiness goals. Additionally, 89 percent of Head Start children met or exceeded the expected school readiness goals. Overall there was a 10-percent increase in developmental outcomes from fall to winter and a seven-percent increase in developmental outcomes from winter to spring.

## FAMILY AND COMMUNITY ENGAGEMENT ACTIVITIES (ST. LOUIS CITY AND ST. LOUIS COUNTY)

During the 2017-2018 program year:

- Parent curriculum Smart Connections offered families trauma education through during parent committee meetings. Every family served on a parent committee that offered trainings, child development education, volunteer opportunities and family engagement opportunities.
- Families participate in a family assessment three times a year, allowing family educators and advocates to provide information on community resources and support parents as they increase self-sufficiency. Assessment scores increased from fall 2017 to winter 2018.
- In the home-based program, more than 20 group socialization meetings were held that gave parents and children time to enhance skills, learn from others, strengthen their relationships and increase school readiness among children. Socializations occurred in both classroom settings and community locations such as the St. Louis Public Library and the Saint Louis Science Center.
- Partnerships with Foster Grandparents through Cardinal Ritter Senior Services and Ready Readers have ensured there are volunteers in the classrooms at both the Meramec Center and Academy Neighborhood Center.
- Head Start East children regularly received services through PS Kids, Missouri First Steps, Center for Hearing & Speech, United 4 Children and others in their centers.
- Nearly 250 parents and children in the home-based program attended an end-of-year cookout and celebrated the completion of another great program year.
- Parents from all three funding grants, both the Meramec Center and Academy Neighborhood Center, all childcare partner centers and all three home-based teams served on Policy Council.
- Staff and Policy Council officers attended the National Head Start Association's Parent, Family and Community Engagement conference in Austin, Texas, in December 2017. Parents, community members and Head Start staff learned how to partner to promote parent engagement and children's learning and development.

# Head Start West School Readiness and Community Engagement

## SCHOOL READINESS (ST. CHARLES, LINCOLN, WARREN AND MONTGOMERY COUNTIES)

Youth In Need's Head Start and Early Head Start programs uses Teaching Strategies Gold, a research-based assessment tool that is used in conjunction with the Creative Curriculum. It enables staff to track children's progress in nine developmental areas: social-emotional, physical, language, cognitive, literacy, mathematics, science and technology, social studies, the arts, and when appropriate, English language acquisition. Staff are able to quickly assess children in the program and provide suggestions for activities to meet each child's individual developmental goals. During the 2017-2018 program year, 94 percent of children enrolled in the Early Head Start (West) program met or exceeded developmental expectations during the spring assessment period, while 86 percent of children enrolled in the Head Start program met or exceeded developmental expectations, a 10-percent increase from the fall. Among children in Head Start who were leaving the program for Kindergarten, 89 percent met or exceeded developmental expectations during the spring assessment period.

## FAMILY AND COMMUNITY ENGAGEMENT ACTIVITIES (ST. CHARLES, LINCOLN, WARREN AND MONTGOMERY COUNTIES)

During the 2017-2018 program year:

- 95 percent of families completed Family Outcomes Assessments and entered into the family goal setting process.
- Fourteen families entered the program homeless and then acquired housing during the program year.
- Warren County Literacy, Inc., donated handcrafted bookcases and books to 59 children headed to Kindergarten.
- Family Advocates in the four-county area began implementing the Conscious Discipline "Parent Education Curriculum" in tandem with Trauma Smart "Smart Connections" during this program year. Through the use of Facebook, Family Advocates, reached an average of 300 people with each training segment posted.
- McDonald's, Christian Foods and Vector Communications Corporation partnered with the St. Charles County locations to provide nutrition education and a free meal to more than 50 families.
- Each county hosted several family engagement events throughout the year. The most successful events covered a variety of topics: Filled with sensory overload, the Building MoCo Messy Extravaganza had children making moon sand, painting with trucks, exploring shaving cream, creating a graffiti wall and going on a gelatin scavenger hunt and bubble wrap walk. Two hundred children and adults attended the end of year celebration for St. Charles County. Families enjoyed activities, dinner, playground time and walking trails at a St. Peters, Mo., park. Orlando's Produce, Chik-Fil-A and The Tattooed Dog donated food to the event. Lincoln County hosted a Blastoff to Kindergarten event, where all children received recognition for their participation in the program. Children headed to kindergarten received a backpack with some goodies to prepare them for their next adventure in elementary school. Warren County held its annual Trunk or Treat event, and more than 1,000 parents, children, and community members attended the event!
- The Missouri Head Start Association honored Warren County parent Nicole Sutherland with the Beating the Odds Award at the state level. Nicole's Family Advocate and Family Educator nominated her for her persistence and resiliency in overcoming hardships.
- St. Charles County held its first ever Back to School Event in August. Community partners Crider Health, Habitat for Humanity and Mercy participated in the event, providing resources and giveaways to families.
- Chariots of Fire and George Lipscomb Memorial Toy Ride held their annual bike rides, which raised more than \$5,000 to provide holiday assistance to families in the Lincoln County and Montgomery County Head Start and Early Head Start programs. In addition, Sts. Joachim and Ann provided holiday assistance to 224 families, while No Hunger Holiday provided 200 families with Thanksgiving baskets.
- Shoes from the Heart provided all 39 children in the St. Peters Center a pair of brand new shoes. The donation was featured on an episode of Fox 2's *The Thread*.
- The program hosted "A World of Difference" institutes for parents and interested community members. Facilitated by the Anti-Defamation League (ADL), the program is an anti-bias and diversity training focused on respect and acceptance of differences. The program was a conversation about preventing the seeds of prejudice from taking root at an early age, and how parents can answer these difficult questions.
- Seventeen parents, two community members and one Youth In Need Board member participated in the program's Policy Council.